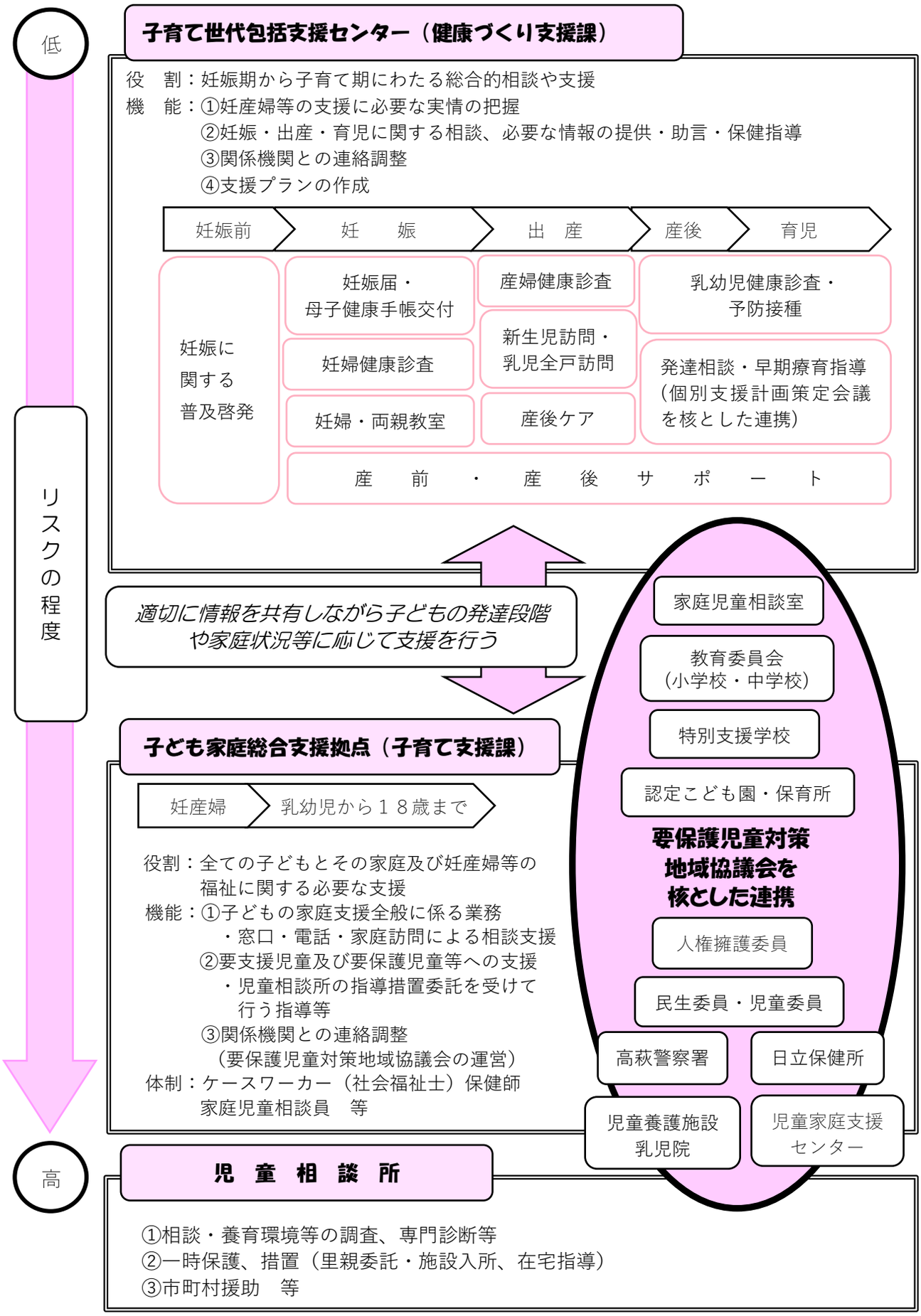5　北茨城市の切れ目のない支援体制